

NCAA Eligibility Seminar 2015

Welcome!



Eligibility
Center



What is the NCAA?

- Governing body for more than 1,300 colleges, universities, conferences and organizations
 - 346 active Division I members
 - 298 active Division II members
 - 440 active Division III members

2015 NCAA Recruiting Seminar



- Part I: Information on levels of collegiate athletics;
- Part II: Academic Requirements
- Part III: Recruiting Regulations
- Part IV: Questions



Scholarships

- Division I and II colleges and universities may offer athletics scholarships.
- Division III colleges and universities do not offer athletic scholarships.

NCAA Div. I Schools



- Division 1 schools are typically the largest universities, and compete in a minimum of 14 sports for both males and females. These schools often have world-class facilities, attract the top athletes in the country, and receive the most media attention.
- Examples are Michigan, Michigan State, Central Michigan, Eastern Michigan, Western Michigan, Oakland University, Univ. of Detroit



Division II Schools

- Division 2 schools are smaller than D1 schools, and student athletes usually finance their education with a combination of athletic and educational scholarships.
- Ferris State University
- Grand Valley State University
- Hillsdale College
- Lake Superior State University
- Michigan Technological University
- Northern Michigan University
- Northwood University
- Saginaw Valley State University
- Wayne State University

NCAA Division III Schools

- There are 436 Division III schools. There are no athletic scholarships that can be offered. **HOWEVER**, coaches are allowed to award student athletes grants and academic scholarships based on the schools academic requirements. Parents and athletes often overlook DIII schools because they don't offer Athletic Scholarships. **DON'T** fall into this trap as there are lots of grant and academic scholarship monies to get your college education for free or at a significantly reduced rate! Unlike athletic scholarships, however, grants and academic scholarships can't be lost if you are no longer playing your sport.

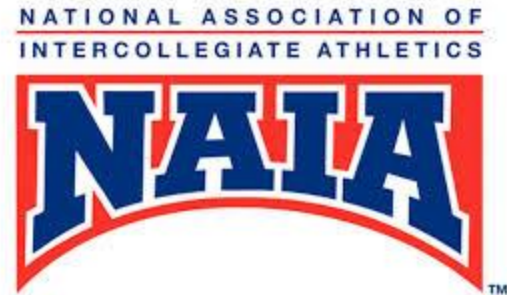
- Adrian College
- Albion College
- Alma College
- Calvin College
- Finlandia University
- Hope College
- Kalamazoo College
- Olivet College



Division III

DISCOVER | DEVELOP | DEDICATE

NAIA Schools



- The NAIA was established in 1937 and is a smaller association. It is made up of smaller 4-year colleges throughout the United States, and competitive levels are comparable to NCAA D2 schools.
- There are equally talented players in the NAIA and NCAA D2 schools, and both have excellent opportunities for education and athletic achievement.

NAIA Scholarship Information

- The NAIA association is comprised of 259 member schools and more than 60,000 student-athletes. Each year, there is more than \$450 million in athletic scholarship money awarded.
 - Each sport has an overall limit on the amount of financial aid it can award as full or partial grants to students in that sport. For example, the overall limit in baseball is 12. Baseball scholarships can be awarded to any number of students (for example, 1 full scholarship, 10 half awards and 24 quarter awards) as long as the combined total does not exceed 12. Limits on the total amount of aid that can be given to varsity athletes in each sport:
 - This graph breaks down how many scholarships can be given by each sport.
- | | |
|------------------------------|----------------------------|
| • Baseball 12 | Basketball (Division II) 6 |
| • Golf 5 | Softball 10 |
| • Tennis 5 | Wrestling 8 |
| • Basketball (Division I) 11 | Cross Country 5 |
| • Soccer 12 | Swimming and Diving 8 |
| • Football 24 | Volleyball 8 |
| • Track & Field 12 | |

NAIA Colleges

- Aquinas College
- Concordia University-Ann Arbor
- Cornerstone University
- Davenport University
- Lawrence Technological University
- Madonna University
- Marygrove College
- Siena Heights University
- Spring Arbor University
- University of Michigan-Dearborn

Community Colleges

- NJCAA: National Junior College Athletic Association Eligibility Center
- There are 505 member NJCAA schools across the country. Student athletes can ONLY compete in 2 seasons for each sport that they play provided that they have NOT played in any other game(s) at any other intercollegiate level.
- Division I schools offer full athletic scholarships, Division II schools are limited to awarding tuition, fees, books. Division III schools cannot offer athletically related financial aid but may offer academic grants/scholarships that are available to all students.

Junior Colleges

- Alpena Community College
- Delta College
- Glen Oaks Community College
- Gogebic Community College
- Grand Rapids Community College
- Henry Ford College
- Jackson College
- Kalamazoo Valley Community College
- Kellogg Community College
- Kirtland Community College
- Lake Michigan College
- Lansing Community College
- Macomb Community College
- Mid Michigan Community College
- Mott Community College
- Muskegon Community College
- Oakland Community College
- Schoolcraft College
- St. Clair County Community College
- Wayne County Community College

North Branch Athletic Scholarships

2000-2015

- 106 Student-Athletes have received some type of athletic scholarship
 - 6.6 students per year
 - 11 Division I Scholarships in 16 years. That is less than 1 per year for all sports combined.
- Over the past 16 years we have had about 7200 athletes play at North Branch.

North Branch Athletic Scholarships

- 23 Division II Scholarships over the past 16 years and all have been partial athletic scholarships.
- 13 Division III Student-Athletes over past 16 years who have received packages of Academic, Work Study, Loans, and Grants.
- 23 NAIA partial scholarships over past 16 years ranging from a few hundred dollars to scholarships combining academics/athletics

North Branch Athletic Scholarships

- 36 Community College Scholarships
 - Two year scholarships
 - Most are partial covering part of tuition
 - Some cover full tuition
 - Living expenses including room and board are not included
 - 4 of the 36 student-athletes continued playing at a 4 year school

Do many high school athletes earn athletics scholarships?

Very few, in fact. About 2 percent of high school athletes are awarded some form of athletics scholarship to compete in college.

Do many NCAA student-athletes go on to play professionally?

- Fewer than 2 percent of NCAA student-athletes go on to be professional athletes. In reality, most student-athletes depend on academics to

Do NCAA student-athletes have difficulty meeting graduation requirements with the time demands of their sport?

- While competing in college does require strong time-management skills and some thoughtful planning with academic advisors, on average NCAA student-athletes graduate at a higher rate than the general student body.

Academic Scholarships earned by North Branch High School Students



2012-2014

407 recipients

\$2,231,646.00

Note: Reported scholarships ONLY. Does not include grants or scholarships based solely on need (i.e. TIP grant).

Recruiting Timeline

- Freshman and Sophomore Year
 - Work hard for best grades possible
 - Check list of NCAA courses and make sure you take approved courses
 - Beginning of sophomore year complete online registration at www.eligibilitycenter.org
 - If you fall behind see your counselor to recover credits and/or retake classes with permission from administration

NCAA Eligibility Center Registration

- Go to website and create account
- Enter personal information, coursework, sport and make payment
- If ACT or SAT give you a fee waiver you are eligible for a fee waiver with the registration fee. Indicators of need are listed on the NCAA Eligibility Center website

Recruiting Timeline

- **Junior Year of High School**
 - Register to take ACT, SAT, or both and use NCAA Eligibility Code “9999” to send scores directly to NCAA
 - Continue to take college preparatory courses
 - Ask high school counselor to send official transcript to NCAA Eligibility Center after completing junior year or you send through Parchment
 - Before registering for senior classes check with high school counselor to determine number of core courses needed.

Recruiting Timeline

- Senior Year
 - Take ACT/SAT again if necessary for best score
 - Match courses taken with NCAA list of approved courses
 - Graduate on time (8 semesters)
 - After graduation, ask your high school counselor to send your final official transcript to the NCAA Eligibility Center with proof of graduation.
 - Certification only done for NCAA Div. I or II athletes

Quick Note About Email Addresses

For ALL registrations: NCAA, Parchment, Skyward, College Applications, Scholarship Applications, etc.

1. Use an email address that you check regularly
2. Use an email address that you will continue to use after graduation
3. Do NOT use your parents' email - use your own email address.
4. THINK about how your email address looks to those who are making decisions about your future!

Sample email addresses taken off of actual NBHS applications:

hotstuffmegs@hotmail.com

haterulesme@gmail.com

dontbejealous@hotmail.com

Division I Academic Eligibility Requirements

Complete 16 core courses (aligned with the MMC graduation requirements at NBHS):

- 4 years English
- 3 Years Math (Algebra 1 or higher)
- 2 Years Natural or Physical Science w/lab
- 1 Extra Year of English, Math or Natural/Physical Science
- 2 Years Social Science
- 4 Years of extra core courses from any category above, foreign language, etc.)

Division I Academic Eligibility Requirements- Continued

Course	NBHS	NCAA	Notes
English	6 credits or 4 years	4 years	same
Math	5 credits or 3.34 years	3 years	+.34 (one trimester)
Science	3.5 credits or 2.34 years	2 years	+.34 (one trimester)
Social Science	4.0 credits or 2.67 years	2 years	+.67 (two trimesters)
1 Extra Year	1.5 credits or one year	1 year	4 trimesters from above = 1.34 years
4 Extra Years of Core Courses	3.0 credits of foreign language or 2 years	4 years	-1.67: need 5 additional courses

Division I Academic Eligibility Requirements- Continued

- 10 core courses completed before 7th semester (First semester or trimester of Senior year): 7 of the 10 courses from English, math or sciences.

NOTE: Students pursuing NCAA Division I Eligibility CANNOT enroll in STEMM Academy or Ed-Tech.

SAT scores: see sliding scale. Note: critical reading and math sub scores added together (writing portion not considered) Best of both sub scores used if multiple tests are submitted.

ACT scores: see sliding scale. Best sub score from each of 4 sections used for sum score.

Minimum of 2.3 GPA and SAT/ACT scores aligned with GPA on sliding scale.

Sliding Scale A
Use for Division I prior to August 1, 2016

NCAA DIVISION I SLIDING SCALE		
Core GPA	SAT Verbal and Math (DS1)	ACT Sum
3.500 & above	400	37
3.500	410	38
3.500	420	39
3.475	430	40
3.450	440	41
3.425	450	41
3.400	460	42
3.375	470	42
3.350	480	43
3.325	490	44
3.300	500	44
3.275	510	45
3.250	520	45
3.225	530	46
3.200	540	47
3.175	550	47
3.150	560	48
3.125	570	49
3.100	580	49
3.075	590	50
3.050	600	50
3.025	610	51
3.000	620	52
2.975	630	52
2.950	640	53
2.925	650	53
2.900	660	54
2.875	670	55
2.850	680	55
2.825	690	56
2.800	700	57
2.775	710	58
2.750	720	58
2.725	730	59
2.700	740	60
2.675	740-750	61
2.650	760	62
2.625	770	63
2.600	780	64
2.575	790	65
2.550	800	66
2.525	810	67
2.500	820	68
2.475	830	69
2.450	840-850	70
2.425	860	71
2.400	870	72
2.375	880	73
2.350	890	74
2.325	900	75
2.300	910	76
2.275	920	77
2.250	930	78
2.225	940	79
2.200	950	80
2.175	960	81
2.150	970	82
2.075	980	85
2.050	990	84
2.025	1000	85
2.000	1010	86

Sliding Scale B
Use for Division I beginning August 1, 2016

NCAA DIVISION I SLIDING SCALE		
Core GPA	SAT Verbal and Math (DS1)	ACT Sum
3.550	400	37
3.525	410	38
3.500	420	39
3.475	430	40
3.450	440	41
3.425	450	41
3.400	460	42
3.375	470	42
3.350	480	43
3.325	490	44
3.300	500	44
3.275	510	45
3.250	520	46
3.225	530	46
3.200	540	47
3.175	550	47
3.150	560	48
3.125	570	49
3.100	580	49
3.075	590	50
3.050	600	50
3.025	610	51
3.000	620	52
2.975	630	52
2.950	640	53
2.925	650	53
2.900	660	54
2.875	670	55
2.850	680	55
2.825	690	56
2.800	700	57
2.775	710	58
2.750	720	58
2.725	730	59
2.700	740	60
2.675	750	61
2.650	760	62
2.625	770	63
2.600	780	64
2.575	790	65
2.550	800	66
2.525	810	67
2.500	820	68
2.475	830	69
2.450	840	70
2.425	850	71
2.400	860	72
2.375	870	72
2.350	880	73
2.325	890	74
2.300	900	75
2.275	910	76
2.250	920	77
2.225	930	77
2.200	940	78
2.175	950	79
2.150	960	80
2.125	970	81
2.100	980	82
2.075	990	83
2.050	1000	84
2.025	1010	85
2.000	1020	86



Division I Eligibility Sliding Scale

Division I athlete after August 1, 2016

- Three possible initial-eligibility outcomes
 - **Qualifier:** May receive athletics aid, practice, and compete in first year of enrollment
 - **Academic Redshirt:** May receive athletics aid and practice but may not compete until successfully complete 9 semester hours
 - **Nonqualifier:** Cannot receive aid, practice or compete first year
 - Requirements for each outcome listed on NCAA Eligibility Center website

Division II Academic Eligibility Requirements (Until August 2018)

Complete 16 core courses (aligned with the MMC graduation requirements at NBHS):

- 3 years English
- 2 Years Math (Algebra 1 or higher)
- 2 Years Natural or Physical Science w/lab
- 3 Extra Year of English, Math or Natural/Physical Science
- 2 Years Social Science
- 4 Years of extra core courses from any category above, foreign language, etc.)

Division II Academic Eligibility Requirements- Continued

Course	NBHS	NCAA	Notes
English	6 credits or 4 years	3 years	+1.00
Math	5 credits or 3.34 years	2 years	+1.34
Science	3.5 credits or 2.34 years	2 years	+.34 (one trimester)
Social Science	4.0 credits or 2.67 years	2 years	+.67 (two trimesters)
3 Extra Years	4.5 credits	3 years	10 trimesters from above = 3.34 years
4 Extra Years of Core Courses	3.0 credits of foreign language or 2 years	4 years	-2.67: need 8 additional courses

Division II Academic Eligibility Requirements- Continued

- 16 core courses completed by graduation

NOTE: Students pursuing NCAA Division II Eligibility CANNOT enroll in STEMM Academy or Ed-Tech.

Minimum SAT scores of 820. (See sliding scale). Note: critical reading and math sub scores added together (writing portion not considered) Best of both sub scores used if multiple tests are submitted.

Minimum ACT sum score of 68. (See sliding scale). Best sub score from each of 4 sections used for sum score.

Minimum of 2.0 GPA and SAT/ACT scores aligned with GPA on sliding scale. (Changing to 2.2 GPA in 2018).

DIVISION II COMPETITION SLIDING SCALE		
<i>Use for Division II beginning August 1, 2018</i>		
Core GPA	SAT <small>Verbal and Math ONLY</small>	ACT Sum
3.300 & above	400	37
3.275	410	38
3.250	420	39
3.225	430	40
3.200	440	41
3.175	450	41
3.150	460	42
3.125	470	42
3.100	480	43
3.075	490	44
3.050	500	44
3.025	510	45
3.000	520	46
2.975	530	46
2.950	540	47
2.925	550	47
2.900	560	48
2.875	570	49
2.850	580	49
2.825	590	50
2.800	600	50
2.775	610	51
2.750	620	52
2.725	630	52
2.700	640	53
2.675	650	53
2.650	660	54
2.625	670	55
2.600	680	56
2.575	690	56
2.550	700	57
2.525	710	58
2.500	720	59
2.475	730	60
2.450	740	61
2.425	750	61
2.400	760	62
2.375	770	63
2.350	780	64
2.325	790	65
2.300	800	66
2.275	810	67
2.250	820	68
2.225	830	69
2.200	840 & above	70 & above

DIVISION II PARTIAL QUALIFIER SLIDING SCALE		
<i>Use for Division II beginning August 1, 2018</i>		
Core GPA	SAT <small>Verbal and Math ONLY</small>	ACT Sum
3.050 & above	400	37
3.025	410	38
3.000	420	39
2.975	430	40
2.950	440	41
2.925	450	41
2.900	460	42
2.875	470	42
2.850	480	43
2.825	490	44
2.800	500	44
2.775	510	45
2.750	520	46
2.725	530	46
2.700	540	47
2.675	550	47
2.650	560	48
2.625	570	49
2.600	580	49
2.575	590	50
2.550	600	50
2.525	610	51
2.500	620	52
2.475	630	53
2.450	640	53
2.425	650	53
2.400	660	54
2.375	670	55
2.350	680	56
2.325	690	56
2.300	700	57
2.275	710	58
2.250	720	59
2.225	730	60
2.200	740	61
2.175	750	61
2.150	760	62
2.125	770	63
2.100	780	64
2.075	790	65
2.050	800	66
2.025	810	67
2.000	820 & above	68 & above

Division II Eligibility Sliding Scale

NCAA Approved Courses at NBHS

Insert PDF of Approved Courses



General Information

Quality points are used by NCAA in GPA conversions.

A - 4 points

B - 3 points

C - 2 points

D - 1 point

Example “A” for a trimester course (.34)

4 points x .34 = 1.36 total quality points.

National Testing Dates

ACT

April 18, 2015 and June 13, 2015



SAT

May 2, 2015 and June 6, 2015



Deadlines for registration are usually 5 weeks prior to test date.



Recruiting Terms

- NCAA.org defines many of the terms listed in the recruiting calendar:
- **Contact** occurs any time a coach has any face-to-face contact with a prospective student-athlete or the prospect's parents off the college's campus and says more than hello. A contact also occurs if a coach has any contact with the prospective student-athlete or his or her parents at the prospective student-athlete's high school or any location where the prospect is engaging in competition or practice.
- **Contact period** is the time when a college coach may have in-person contact with a prospective student-athlete and the prospect's parents on or off the college's campus. The coach may also watch the prospective student-athlete play or visit his or her high school. The prospect and the parents may visit a college campus, and the coach may write and telephone during this period.
- **Dead period** is a time when the college coach may not have any in-person contact with the prospective student-athlete or the prospect's parents at any time. The coach may write and telephone during this time.
- **Evaluation** is an activity by a coach to evaluate a prospective student-athlete's academic or athletics ability. This would include visiting the prospective student-athlete's high school or watching the prospect practice or compete.



Recruiting Terms

- **Evaluation period** is the time a college coach may watch a prospective student-athlete play or visit the high school but cannot have any in-person conversations with the possible recruit or the parents off the college's campus. The prospective student-athlete and the parents can visit a college campus during this period and a coach may call or write during this period.
- **Official visit** is a prospective student-athlete's visit to a college campus paid for by the college. The college can pay for transportation to and from the college, room and meals (three per day) while visiting and reasonable entertainment expenses, including three complimentary admissions to a home athletics contest. NCAA recruiting bylaws limit the number of official visits a recruit may take to five.
- **Quiet period** is a time when the college may not have any in-person talk with the prospective student-athlete or the parents off the college's campus. The coach may not watch the prospect play or practice. The prospective student-athlete can visit college campuses during this time and a coach may write or telephone.
- **Unofficial visit** is any visit by a prospective student-athlete and their parents to a college campus paid for by the prospective student athlete or the prospect's parents. The only expense the prospective student-athlete can receive from the college is three complimentary admissions to a home athletics contest. The prospect may make as many visits as he or she likes and may take the visits at any time. The only time the prospective student-athlete cannot talk with a coach during an unofficial visit is during a dead period.



Recruiting Terms

- **Grayshirt:** A term used to describe a student-athlete who delays initial enrollment in a collegiate institution to the winter or spring term. Grayshirting usually occurs when a student-athlete is injured before the start of the academic year, forgoes classes and practice to join the team once he/she has recuperated.
- **Commitment:** Also known as an oral commitment or verbal commitment. A recruit's pledge to the coaching staff that he intends to accept their scholarship offer and attend a specific institution. The pledge is non-binding until a National Letter-of-Intent is signed. If a prospect breaks off a commitment with one school to commit to another, it is called a de-commitment.
- **Silent commitment:** A commitment made to the coaching staff of a specific school but not made public.
- **Soft commitment:** A commitment in which the recruit will continue to take official visits to other schools.
- **National Letter of Intent:** An NLI is an official agreement between a student-athlete and a prospective school stating the agreement to attend that institution for one academic year in exchange for athletics aid. Once a student-athlete has signed with a prospective school, he/she can no longer be contacted by prospective schools for recruitment.

Football Recruiting Calendar

- Football (FBS)
- The current NCAA Division I FBS Football recruiting calendar runs August 1st, 2014 through July 31st, 2015.
- 08-01-14 thru 11-29-14 Quiet Period *with the following exceptions (i)
- (i) Sept., Oct., & Nov. (i)Evaluation Period **with the following exception (ii)
- (ii) Only one evaluation per athlete for the college coach. The college coach only has 42 evaluation days during this period.
- 11-30-14 thru 01-31-15 Contact Period *with the following exceptions of 1-2 below
- Six in-person off-campus contacts per prospective student-athlete shall be permitted during this time period with not more than one permitted in any one calendar week.
- (1) 12-14-14 Quiet Period. All JUCO recruits who intend to enroll midyear.
- (2) 12-15-14 thru 01-14-15 Dead Period *with the following exception (i)
- (i) Contact Period. Coaches may have contact with a recruit who has been admitted for midyear enrollment, provided the recruit has signed a National Letter of Intent.
- 02-01-15 Quiet Period
- 02-02-15 thru 02-05-15 Dead Period
- 02-06-15 thru 04-14-15 Quiet Period
- 04-15-15 thru 05-31-15 Evaluation Period *with the following exceptions (i) & (ii)
- (i) College coach can use two evaluations per athlete during this period. One for athletics and the other has to be for academic evaluation. If the college coach does both evaluations on the same day, than the coach is granted another athletics evaluation of the athlete.
- (ii) 168 evaluation days during this time excluding Memorial Day and Sundays.
- 04-15-15 thru 05-31-15 Quiet Period ** (when not conducting the evaluations above)
- 06-01-15 thru 07-31-15 Quiet Period. *with the following exception (i)
- (i) 06-29-15 thru 07-12-15 Dead Period

Volleyball Recruiting Calendar

- Women's Volleyball and Sand Volleyball
- The current NCAA Division I Women's Volleyball & Sand Volleyball recruiting calendar runs August 1st, 2014 through July 31st, 2015.
- 08-01-14 thru 12-07-14 Contact Period *with the following exception (i)
- (i) 11-10-14 thru 11-13-14 Dead Period
- 12-08-14 thru 12-16-14 Quiet Period
- 12-17-14 thru 12-31-14 Dead Period *with the following exception (i)
- (i) Coaches can conduct an EVALUATION of a recruit on Thursday of the NCAA Division 1 Championship through the Sunday immediately following. College coaches may evaluate on only one day and may attend only one event on that day during this period. The event has to take place within a 30-mile radius.
- 01-01-15 thru 07-31-15 Contact Period *with the following exceptions (1-3)
- (1) 01-01-15 thru 01-16-15 Quiet Period
- (2) 04-13-15 thru 04-16-15 Dead Period
- (3) 05-01-15 thru 05-22-15 Quiet Period

Baseball Recruiting Calendar

- Baseball
- The current NCAA Division I Baseball recruiting calendar runs August 1st, 2014 through July 31st, 2015.
- 08-01-14 thru 08-31-14 Contact Period
- 09-01-14 thru 09-11-14 Quiet Period
- 09-12-14 thru 11-09-14 Contact Period
- 11-10-14 thru 11-13-14 Dead Period
- 11-14-14 thru 02-28-15 Quiet Period *with the following exception (i)
- (i) 01-02-15 thru 01-06-15 Dead Period
- 03-01-15 thru 07-31-15 Contact Period *with the following exception (i)
- (i) 04-13-15 thru 04-16-15 Dead Period

Softball Recruiting Calendar

- Softball
- The current NCAA Division I Softball recruiting calendar runs August 1st, 2014 through July 31st, 2015.
- 08-01-14 thru 11-26-14 Contact Period *with the following exception (i)
- (i) 11-10-14 thru 11-13-14 Dead Period
- 11-27-14 thru 01-01-15 Quiet Period *with the following exception (i)
- (i) 12-03-14 thru 12-07-14 Dead Period
- 01-02-15 thru 07-31-15 Contact Period *with the following exceptions (i) and (ii)
- (i) 04-13-15 thru 04-16-15 Dead Period
- (ii) 05-26-15 thru 06-03-15 (noon) Dead Period
- Evaluation Period During high school regional and state championships competition that does not occur during a dead period.

High school Freshman and Sophomore year. The following rules also apply until September 1 of your Junior year.

Coaches are allowed to:

Send you athletic or sports camp brochures, NCAA Educational Information and Questionnaires.

A coach can also accept phone calls from you as long as they are at your expense but remember that if you leave a message on an answering service the coach is **NOT ALLOWED TO CALL YOU BACK.**

Coaches are not allowed to:

To call you on the phone.

A coach cannot send you any written recruiting information.

NCAA Recruiting Guidelines, Unofficial Visits:

You can make unofficial visits to a college campus.

It is also permissible for you to receive a maximum of three complimentary tickets to a college sporting event.

You can talk with college coaches but this must be on campus.

Recruiting rules for junior year of high school

Junior year from September 1

- College coaches are allowed to send you information about their athletic program and about their school. this can include: media guides, schedule cards, personalized letters, photocopies of newspaper clippings and official university admissions and academic publications.
- The college coach is now allowed to answer your emails and send emails to you as well.

Junior year from July 1

- A college coach is only permitted to contact you in person off the college campus only on or after July 1st when you have completed your junior year of high school. If the coach meets with you or your parents and says anything to you or them then this is considered a contact. Anything more than a very basic hello is a contact.
- College coaches are permitted to make one telephone call each week to you or your parents. You can call the coach as often as you wish.

Recruiting rules for senior year of high school

- You can make up to five Official – expense paid visits to college campuses. the visit to the campus cannot be longer than forty eight hours in duration. you are are not allowed to have an official visit until after your first day of classes of your senior year.
- College coaches need to have an official ACT or SAT score and a copy of your official high school transcript before you can make a visit.
- Coaches can make telephone calls and send written correspondence as per the rules for your junior year.
- if your at a tournament and the coach does not talk to you don't take it personally. The National Collegiate Athletic Association has specific recruiting rules that puts limits on communication at tournaments.
- A college coach can sit down with a guardian or parent at a competition site. This is counted as one of the three in-person off-campus recruiting contacts a coach is permitted.

Questions?

